

Anne N. Lutomia

Purdue University, 610 Purdue Mall, West Lafayette, IN, 47907, USA Email: <u>alutomia@purdue.edu</u>

Changing Dreams

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Twenty-five years in Kenya I dreamt in Swahili and in English, sometimes I saw hazy images of a three-year-old me in Eastleigh Walking towards Swahili speaking veiled Somali women Smelling the fresh homemade spaghetti and oud

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Ten years in America
My dreams are like silent movies
I neither speak Swahili nor do I speak English
But understand those voiceless moving silhouettes in my dreams
I worry about my dreams
What language do you speak in your dreams?

III

Sixteen years in America
I can hear my voice in my dreams
I can see blurred images too
I speak English with these ephemeral beings
I worry about having dreams with those who don't speak English Hoping for silence not to stifle our conversations
Hoping for a chance to speak in their language fluently

IV

Seventeen years in America
I want to dream in English and other languages
To see full images of those in my dreams
To hear myself and others speak in languages we understand
I want to understand the meaning of my dreams
I want to remember the words of my dreams when I wake up

My Mother's Falls

my mother, once strong tall and healthy is growing old, weak and ailing, but still wants to live her life like before

this morning she called me

she said her back is aching her voice had lost its energy and rigor of her motherness

she has fallen twice recently the first time while in the garden the second time in the same garden both times while jumping across a distance she underestimated

she complained about becoming shorter she also lamented about her inability to estimate distance her falls worry me and make me uncomfortable we agreed she jumps no more

in our silence we spoke to each other fearing a fall that could lead to death i sternly warned her against any jumping then we said goodbye and hoped for no more falls

Finding Freedom

Grandma never ate the gizzard
Mama never ate the gizzard
Aunt never ate the gizzard
I choose to eat the gizzard
Women are not supposed to eat it
Only men can eat it
They take turns to eat it
If Baba is not around to eat it
My five brothers will eat it

If brother one is not around to eat it

Brother two will eat it

If brother three is not around to eat it Brother four will eat it

If brother four is not around to eat it Brother five will eat it

My turn to eat the gizzard will never come

Alas! Now, away from home

I can buy, cook and eat it

I can order it from restaurants

I can eat it in private and in public spaces

I can eat it anywhere and everywhere

This delicacy that I am forbidden to eat

It is crunchy and tasty

It is my turn to eat it

I have had enough of the gizzard

My appetite and excitement have waned

I choose not to eat the gizzard